

From the Office of Clinical Informatics CMS Quality Measures Screening for Depression and Follow-Up Plan October 7, 2022

Quality Measure: During the measurement period, patients 12 years or older, screened for depression on the date of the encounter or up to 14 days prior to the date of the encounter using an age appropriate, standardized depression screening tool AND if positive, a follow-up plan is documented on the date of the eligible encounter. Exclusions and exemptions include patients who have been diagnosed with depression or bi-polar disorder and those refusing to participate.

When to document a Follow-Up Plan

- ▶ If a patient scores a 5 or more on the **PHQ-9/PHQ-A**.
- > If a patient scores a 10 or more on the **Edinburgh Postnatal Depression Scale**.

Follow-Up plan options that satisfy the measure

- Referral for Behavioral Health
 - A referral is made to behavioral health for further evaluation/ intervention ordered on the same encounter as the positive depression screening.
- Pharmacological Intervention
 - A patient is prescribed medication to address depression.
- > Other follow-up for the diagnosis or treatment of depression
 - Follow-up appointment with PCP to address positive depression screening.
- NOTE: A patient that screens positive for depression may not meet criteria for a depression diagnosis, need a behavioral health referral, or need pharmacological intervention. In this scenario, the follow-up plan is met by a follow-up appointment with the PCP with a "This Visit" problem associated to the positive depression screening.

Steps for when the other follow-up plan is needed to meet the measure

If a patient screens positive for depression a "**This Visit**" problem of **Encounter for screening for depression** (**Z13.31**), will automatically be added if they do not already have depression or a bipolar disorder on the problem list. This allows for the provider to associate the problem to the next follow-up appointment to meet the measure. Below are the steps to complete:

<u>STEP 1</u>: Complete the **PHQ-9**, **PHQ-A**, or **Edinburgh Postnatal Depression Scale**.

- **<u>STEP 2</u>**: Refresh the Problem list.
 - A positive screen will automatically add a **This Visit** diagnosis to the problem list of **Encounter for screening for depression (Z13.31)**.

Problem List								
Classification	Medical	and Patient St 🗸	Add as This	Visit 🗸	Ad	ld problem		Q
Priority		Problem Name	Code	Onset		Classification	Actions	
🗸		Encounter for screening for depress	sion Z13.31 (ICD-10-C	:M)		Medical	✓ This Visit	onic
	(!)	Post traumatic stress disorder (PTS	D) F43.10 (ICD-10-C)	M)		Medical	🗸 This Visit 🗌 Chr	onic
• Resolved Chi	ronic Prob	lems						

- **<u>STEP 3</u>**: Select the appropriate **Follow-Up/Return to Clinic** Order.
- <u>NOTE</u>: The measure does not have a specific time requirement for when the Follow-Up appointment is made.
- **<u>STEP 4</u>**: Select **Orders for Signature**.
- <u>STEP 5</u>: Associate the diagnosis by clicking in the column below **Encounter for** screening for depression (Z13.31).
- NOTE: Other diagnoses can also be associated in addition to the Encounter for Screening for depression (Z13.31) as appropriate.
- **<u>STEP 6</u>**: Click **Sign** to satisfy the measure.

List View Association View Click a cell to associate a This Visit problem with an o	rder 🔽 Always default associa	tion Clear all association
	Encounter for screening for (Z13.31) Clear column	Post traumatic stress disord (F43.10) Associate with all
 Communication (1) 		
& AMB Follow Up Appointment Remove 10/07/2022 11:24 EDT, 6 weeks Clear row	1 . H	

For questions regarding process and/or policies, please contact your unit's Clinical Educator or Clinical Informaticist. For any other questions please contact the Customer Support Center at: 207-973-7728 or 1-888-827-7728.